

Medieval Day Timetable – Step into the Past at Castle Rising Castle

10am Living History Begins

Wander through our encampment and discover the sights, sounds, and stories of late medieval England

10:45am Learn to be a medieval gunner

Ever wondered how to fire a cannon? Come and learn for yourself! (No gunpowder used in training)

11:30am Medieval Food

Delicious or disgusting? Come and listen to our medieval cooks talk about what medieval people used to eat (and what they didn't!)

12:15pm Knight School

An opportunity for all young knights and squires to enter the arena and put their skills to the test!

1pm Meet the Surgeon

Discover medieval maladies and treatments from a time before modern medicine

1:45pm Archery & Firepower

Which is better, the longbow or the cannon? Watch the show and decide for yourself!

2:30pm Music and Dance

A demonstration of medieval dancing, with opportunity for audience participation (no age limit, and no experience needed!)

3:15pm Arming the Knights

Come and meet our medieval knights as they prepare themselves for a fight

4pm Combat Display

Cheer for your chosen champion as they battle it out in the arena

5pm Living History Concludes

The castle and the medieval encampment remain yours to explore until 6:00pm.